

NEWSLETTER

IMPORTANT INFORMATION

All gymnasts should arrive at the centre by 10am the spectator tickets will be on sale from then and the doors will open for spectators at 10.30am

**Jean Brown Indoor Arena
Redbridge Sport & Leisure
Forest Road
Barkingside
IG6 3HD**

Ample FREE parking is available.

SPECTATOR TICKETS

Spectator Tickets are available only on the door.

All day performance - everyone **£5.00**
Children under 2 are free provided they share a seat with an adult.

SHOPPING MALL

The Zone

Visit the sale rail for real bargains as well as seeing the current Spring Range.

Photographic Synergy

Taking photographs all day of all the teams and their displays. Printing and selling on site. Visit their stand to view the photographs.

Fine Designs

Commemorative T-shirts, hoodies and sweat-shirts—featuring ALL the names of the gymnasts taking part

Laniloka

Various items to remind you of fabulous day. We care about our art and the environment so you will find that most of our products and packaging are made with recycled materials from various sources.



BACK BY POPULAR DEMAND

This year will see the return of the **hand stand competition**. This fun competition is open to all gymnasts taking part in the festival and their coaches!!



All you have to do is be the last person standing on your hands!!

Prizes for the last three people still standing on their hands!!

IN ADDITION RETURNING



Is the **tumbling competition** for those interested all we ask is that you perform your most spectacular and safe tumble across the sprung floor.

Prizes for the best 3 tumbles irrespective of age!!! So coaches you too can have a go!!

Prizes donated by :

- **The Zone** a leotard voucher
- **Photographic Synergy** a voucher for one of their photographs
- **Fine Designs** a commemorative t-shirt voucher!

All **vouchers** must be redeemed on the day

